



54TH ASIAN BODYBUILDING AND PHYSIQUE SPORTS CHAMPIONSHIPS

15TH - 21ST JULY 2022

REPUBLIC OF MALDIVES

COMPETITION TERMS AND RULES

Venue of Competition	
Date	15 th July – 21 st July 2022
Venue	The Arena Beach, Maafushi Island, Maldives
Hotel for Officials, Delegates, Supporters, Athletes, Team Managers & Coach	1) Kaani Grand Seaview Hotel (For All Executive Members) 2) Kaani Palm Beach Hotel 3) Arena Beach Hotel
REGISTRATION FEES	
Official and Athletes Registration Fees	<p>The total amount of USD 800 for each person for the duration of 6 nights stay in a twin-bedded sharing room. This fee includes hotel accommodation, 3 meals per day, speed boat to and from the Velana International Airport (MLE) to the hotel and back.</p> <p>The price of the double rooms (USD 800 /6 nights per person x 2 persons= USD1600.00. Single room price USD 1100 for 6 nights. These prices are available for the officials and delegates as well.</p> <p><i>It is compulsory to pay 50 \$ per person as a hotel security deposit at the time of registration. The same will be refunded only after deducting any damages in the hotels, rooms, auditorium or any other places.</i></p>
IMPORTANT NOTICE	
Please note it is compulsory for all the participating athletes, official and judges must stay in the official hotel provided by the organisers. Those who do not stay in the official hotel will not be allowed to participate in the said championship.	
ABBF Executive Committee:	ABBF Executive Committee members are exempted from paying the Registration Fees, including Patrons and Honorary Life Members. ABBF Executive Committee Members are allowed to be accompanied by their spouse only. Their accommodation, Meals, etc. are on gratis. Standing Committee Members with the exception of the Chairman and Secretary of each Sub Committee may have to share a twin sharing room. If a Sub Committee Member requests a single room, he/she must pay the difference of USD 250.00 for a single room for the duration of 6 nights.

:Organiser:

BODYBUILDING ASSOCIATION OF MALDIVES

:Supported by:

MINISTRY OF YOUTH, SPORTS AND COMMUNITY EMPOWERMENT REPUBLIC OF MALDIVES

:In collaboration with:

MALDIVES OLYMPIC COMMITTEE



54TH ASIAN BODYBUILDING AND PHYSIQUE SPORTS CHAMPIONSHIPS

15TH - 21ST JULY 2022

REPUBLIC OF MALDIVES

Early Arrivals and Late Departures	Any team or officials arriving early or departing late are required to pay for the extra days per night for a Standard single or twin bedroom USD130 each day Inclusive only of breakfast
------------------------------------	--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

IMPORTANT NOTICE

Please advise your team before departure not to incur additional expenses.

Extra Officials	Any judges, coaches or trainers who are not officially participating as an Athletes or Delegates will be responsible for all of their own expenses. Only those whose names are officially recommended in the official entry form by the respective national federation will be allowed to participate as an athlete, official, judge and supporter of that respective country. This rule is also applicable for the family members.
-----------------	-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

NO EXCEPTION WILL BE MADE UNDER ANY CIRCUMSTANCES.

Payments	Only cash payments in USD-United States Dollars will be accepted for Registration Fees. You may use USD and Credit Card payment in large departmental stores. It is to be noted by the Guests that all Malls/Departmental stores/Chemists are not having the facility of accepting US Dollars. The Secretariat may arrange for the Currency Exchange depending on the availability. The rate of exchange from US\$ to Rufiyaa differ at the time of Registration.
----------	----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

Secretariat	The Organizing Committee will maintain a Secretariat at the Hotel from 8.00 AM to 10.00 PM from 15 th July to 21 st July, 2022. You may obtain information and assistance from the Secretariat.
-------------	-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

Weigh-in and Registration

Registration for athletes and Weigh-in will take place at the Conference Room on 2nd floor, Kaani Grand Hotel. (Please refer to the day-to-day program) for full details. It is the responsibility of the Chief Delegate or Team Manager to make sure that all athletes are on time for the Weigh-in and Registration. If an athlete is late for the Weigh-in and Registration, that athlete will be disqualified and will have to pay all of his own expenses.

Judges

In order to assist the ABBF Judges Committee in their selection of judges for this Championship, please forward your nomination for Judges from your National Federation as soon as possible but no later than **30th May, 2022**. Judges must possess an International/Continental recognized judge's valid card and must produce to the Judges Committee. Please send the nomination to Ms Christina Y Kam, Chairperson ABBF Judges Committee - abbf.adm@hotmail.com and c.c. to the ABBF

:Organiser:

BODYBUILDING ASSOCIATION OF MALDIVES

:Supported by:

MINISTRY OF YOUTH, SPORTS AND COMMUNITY EMPOWERMENT REPUBLIC OF MALDIVES

:In collaboration with:

MALDIVES OLYMPIC COMMITTEE



54TH ASIAN BODYBUILDING AND PHYSIQUE SPORTS CHAMPIONSHIPS

15TH - 21ST JULY 2022

REPUBLIC OF MALDIVES

President at Hameed1702@hotmail.com, president@bbam.mv, abbfasia@yahoo.com.sg,
Secretary-General - abbf.secretary@yahoo.com and Secretary-General WBPF at
wbpfecgeneral@gmail.com

IMPORTANT NOTICE

- Each athlete must bring his/her passport and posing music to the weigh-in and registration, failing which the athlete weigh-in will not be processed.
- No G-string bikinis are allowed. An athlete must comply with specification sheet attached and they must produce their bikinis for verification and approval for the pre-judging and finals at the weigh-in area. The bikinis will be stamped with a marker as an approval by the Judges Committee.
- During the weigh-in, all female athletes should be properly dressed. NO PYJAMAS OR NIGHT GOWNS are allowed. This is to protect the image of our sport in the event press or VIPs were to be present during the weigh-in, it will put our sport in an awkward position. Please use track suits or a decent dress/jean.
- At the parade of the nations, if you were to allocate female athletes, she should also appear in a track suit and not in a bikini.
- All female athletes are to be reminded that they are participating in a sporting event and not in entertainment venues like night clubs, therefore, we should ask the women to change their behaviour when they come on to the stage in the "walk-in" wiggling their rear ends or looking back into the audience when they stand in the quarter turn facing the back of the stage and stretching out their butt and winking at the judges and the audience. This is not a sports presentation and it will be seen as sexual harassment to the public.

Backstage Access / Dressing Room Access	Access to the backstage and/or dressing room areas shall be strictly limited to essential personnel only. Coaches and trainers who assist athletes in the dressing room area must be of the same sex as the athlete they are assisting.
-----------------------------------------	-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

Camera/Video Tape Equipment	Camera and /or Videotape equipment shall be strictly prohibited in the backstage and /or dressing room areas except when used by the WBPF/ABBF authorized media persons and, in any event, these devices shall be strictly prohibited in the dressing room area.
-----------------------------	------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

Parade of Nations	National dress code or track suits to be worn by delegates and /or officials taking part in the Parade of Nations. Only one (1) delegate and two (2) competitors per country must take part in the Parade of the Nations.
-------------------	---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

Kindly nominate the name of your judges in advance; last minute submission will be rejected. All judges should use a grey suit with the official logo of ABBF/WBPF and female judges with a grey blazer with a grey skirt or dress pants.

NO JUDGES CARDS WILL BE ISSUED DURING THE COMPETITION.

:Organiser:

BODYBUILDING ASSOCIATION OF MALDIVES

:Supported by:

MINISTRY OF YOUTH, SPORTS AND COMMUNITY EMPOWERMENT REPUBLIC OF MALDIVES

:In collaboration with:

MALDIVES OLYMPIC COMMITTEE



54TH ASIAN BODYBUILDING AND PHYSIQUE SPORTS CHAMPIONSHIPS

15TH - 21ST JULY 2022

REPUBLIC OF MALDIVES

Entry Pass Card	Entry Pass will be issued to the Weigh-in and backstage area during the Weigh-in, Pre-judging and Finals. It will be distributed at the Judges/Team Managers Meeting as follows: Five (5) or more competitor – Two (2) Passes will be issued and less than five (5) competitors, One (1) Entrance Pass will be given.
Media Accreditation	All media accreditation, except local media, shall be controlled by the ABBF. All persons wishing to obtain media accreditation for this event must register with the ABBF by completing and signing the ABBF Media Accreditation Form. The form must be submitted to the ABBF by email at Hameed1702@hotmail.com, president@bbam.mv, abbf.adm@hotmail.com, abbf.secretary@yahoo.com and wbpfssecgeneral@gmail.com
Athletes without Delegates	All athletes competing at ABBF Championships must be members in good standing of their National Federations. Any athlete who arrives without a delegate must carry on the official letter of Authorization of Participation from his/her National Federation, failing which the athletes will not be eligible to participate.
Failure to Honour Final Entry Form Deadline.	Deadlines are set to assist the Organizer with arranging accommodations, meal, onsite transportation and other Championship's activities. A failure to respect these deadlines is a breach of the ABBF rules. If a National Federation fails to respect the deadline written on the Final Entry Form, each "Official Participant" from that federation will be required to pay all of his or her own expenses, including accommodations, meals, onsite transportation, and access to the Pre-judging, Finals and Farewell Banquet.
Misrepresentation	Misrepresentation is a serious breach of the ABBF Code of Ethics and occurs when an "Official" of a National Federation deliberately misrepresents the number of Athletes and Delegates so as to obtain free-of-charge accommodations, meals, onsite transportation, and access to the prejudging. Finals and farewell Banquet, and other amenities at the expense of the organizer. Part of this misrepresentation may be a false claim that a person is an Athlete only to have that so-called athlete fail to officially register as a competitor at the Weigh-I or, once having officially.
Medical Withdrawal	Once officially registered, no Athlete may withdraw from the competition, without the prior approval of the ABBF Judges Chairman, who has the right to verify the reason for the withdrawal. Any National Federation that fails to seek the prior approval of the ABBF Judges Chairman before withdrawing an athlete shall, for that

:Organiser:

BODYBUILDING ASSOCIATION OF MALDIVES

:Supported by:

MINISTRY OF YOUTH, SPORTS AND COMMUNITY EMPOWERMENT REPUBLIC OF MALDIVES

:In collaboration with:

MALDIVES OLYMPIC COMMITTEE



54TH ASIAN BODYBUILDING AND PHYSIQUE SPORTS CHAMPIONSHIPS

15TH - 21ST JULY 2022

REPUBLIC OF MALDIVES

	athlete's non-participation, is fined an amount equal to the Special Package Rate.
Attendance at the ABBF Congress	All National Federations officially participating in the Championships must attend the Congress meeting, including National Federations with athletes and no delegates. In this case, the athlete must attend and represent his country at the congress.

Visa	<p>VISA: LANDED VISA will be arranged provided you meet the deadline of your Final Entry Forms (closing date). You are required to attach all the passport in clear print and send.</p> <p>TOURIST VISA Tourist visa is granted for all nationalities on arrival to Maldives. As such, a foreigner travelling to Maldives as a tourist does not require pre-approval for the visa. However, the person must satisfy the basic entry requirements to get immigration clearance upon arrival.</p> <p>The basic entry requirements are as follows: -</p> <ol style="list-style-type: none"> 1. A passport or a travel document with Machine Readable Zone (MRZ) with at least 3 months validity. 2. A pre-paid hotel booking/accommodation. THE ORGANIZER WILL PROVIDE YOU THIS HOTEL BOOKING. 3. Sufficient funds to last for the intended period of stay in Maldives. DO NOT WORRY TOO MUCH ON THIS. 4. Confirmed onward/return tickets to home country or to country of residence (not applicable for valid resident permit holders). 5. Entry facilities to their onward destinations, for example, the visa. 6. Traveller Health Declaration (THD) must be filled in and submitted by all travellers travelling to and from Maldives, within 48 hours prior to their travel. The form has to be submitted electronically visa IMUGA. <p>It is further requested to kindly find out more information from your country's Embassy / authorities / Immigration / Health Department.</p>
Electrical Current	The electrical current is 220 – 240 voltage.
Language	The official language in Maldives is Dhivehi. English is spoken in hotels as well as most of the places.
Doping	Doping will be conducted by the ABBF Anti-Doping Committee.
National Anthem/National Flag	<ol style="list-style-type: none"> a) You must provide Two (2) National Flags of your country. The flags must be manufactured of dense silk and must measure no more than 2.5 meters x 1.5 meters. b) You must also provide your National Anthem (shortened version) on CD/Pen drive. Video or cassette not acceptable.

:Organiser:

BODYBUILDING ASSOCIATION OF MALDIVES

:Supported by:

MINISTRY OF YOUTH, SPORTS AND COMMUNITY EMPOWERMENT REPUBLIC OF MALDIVES

:In collaboration with:

MALDIVES OLYMPIC COMMITTEE



54TH ASIAN BODYBUILDING AND PHYSIQUE SPORTS CHAMPIONSHIPS

15TH - 21ST JULY 2022

REPUBLIC OF MALDIVES

Posing Music	Posing music must be on CD / Pen drive only and produced with good quality. The music should be cued from the start of the CD/ Pen drive. Each competitor must affix his/her name on the CD / Pen drive for easy identification. The USE OF PROFANE, VULGAR OR OFFENSIVE LANGUAGE IN POSING MUSIC IS PROHIBITED.
Preliminary Entry and Final Entry	Please co-operate and submit your entry forms in time as per the closing dates shown in the forms. You are kindly requested to email to abbf.adm@hotmail.com and abbf.secretary@yahoo.com and wbpsecgeneral@gmail.com
Participation Rules	
<ol style="list-style-type: none"> 1) Official or any other guests requesting for a single room have to pay the differences levied by the organizer based on the supporter's rates published herein. 2) One judge per country will be allowed on gratis (No registration fee to pay) however, the judge must share a twin bedroom with other judges or officials. 3) However, country participating with woman athlete may send 1 (one) extra female judge and no need to pay the registration fee as well. 4) If more than 2 (two) judge is nominated, he or she has to pay the registration fee, however, a country will be limited to enter two extra judges only, including one female judge to enjoy this privilege on sharing a twin room. More than 2 (two) judges nominated will have to pay the supporters fee in full. <p><i>A country that exceeds the above quota will have to pay for their official and supporters fees.</i></p>	
IMPORTANT NOTICE	
<p>Certain countries may require a PCR Test Result when arriving and departing from the Maldives. Before departure it can be arranged and it will take a day for you to obtain the results, and the fee is approximately US\$30 per person. This is provided your country require the PCR TEST before you board the plane at the Check In counter in the Maldives.</p> <p style="text-align: center;">PARTICIPANTS MUST CHECK FROM TIME TO TIME AND ALSO BEFORE LEAVING THEIR COUNTRY AS REGULATIONS KEEP CHANGING.</p> <p style="text-align: center;">ALL MUST CARRY ELECTRONIC COPIES AND HARD COPIES OF ALL DOCUMENTS NEEDED TO BE SUBMITTED AT THE IMMIGRATION.</p>	

:Organiser:

BODYBUILDING ASSOCIATION OF MALDIVES

:Supported by:

MINISTRY OF YOUTH, SPORTS AND COMMUNITY EMPOWERMENT REPUBLIC OF MALDIVES

:In collaboration with:

MALDIVES OLYMPIC COMMITTEE